



Race day
Gordon among those gunning for a Daytona 500 win today

SECTION F

Health and fitness
Cardio Boot Camp offers the exercise regimen of basic training without all the yelling



LIVING / E1

Love story
Detainee and his dearest find joy in each other



THAT'S ODD

Crooks outwitted
BELLEVUE, Wash. — A man in Washington state made sure a pair of burglars didn't get away with his three flat-screen TVs — he moved their getaway car.
Patrick Rosario was in the basement of his Bellevue home Tuesday when he heard the burglars upstairs. The Seattle Times says the 32-year-old, who had been laid off from his job as a Washington Mutual manager, called 911 while he sneaked out of the house.
He saw a white van sitting in front of his house with the motor running and the keys in the ignition, and he got in and drove it to a friend's house.
Police say the burglars left the televisions, a laptop computer and a jewelry box by the door and took off on foot.
— Associated Press

MONDAY

High-tech
Fashion with crafty electronics. Don't miss the PR online.



INDEX

- Births.....C2, C3
- Breakfast Briefing.....A2
- ClassifiedD1
- Clubs.....C4
- Community CalendarC4
- Dear AbbyD8
- Family FunC4
- GamesD8
- Library Corner.....C4
- Lottery NumbersA2
- Movies.....E5
- ObituariesC3
- OpinionsA5
- Pet of the WeekC4
- Smart LivingE1
- Sports.....C7
- Stocks.....C5
- Weather.....A2
- West.....C1

Kaylob Rice



Scattered snow
High: 28 Low: 12
Seven-day forecast, Page A2



Local • Proven • Essential
Vol. 78, No. 107
© 2009 / Post Register
Idaho Falls, Idaho

www.postregister.com

To subscribe or to report circulation problems, call 542-6777.



Check mates

Familiar foes face off in second annual Ririe Middle School chess tournament: C1



Post Register

Laboratory legacy

Family makes INL-based site work a generational career

■ The Remsburg clan has been involved in Idaho National Laboratory operations for the better part of the site's existence.

By SVEN BERG
sberg@postregister.com

It's hard to imagine a time when eastern Idaho's culture and economy weren't defined by Idaho National Laboratory. Over the past 60 years, INL has been the source of jobs, internships, inventions and more acronyms — INTEC, ATR, MFC, RWMC, RTC, STC, etc. — than humans are meant to keep track of.

For 50 years now, the Remsburg name has been on the payroll list for at least one of the site's contractors. That history isn't lost on the youngest generation of Remsburg-family site workers, 29-year-old Cody Remsburg and his sister, 27-year-old Shayly Wasylow. It's a proud history, Wasylow said, but with it comes a measure of responsibility.

By the numbers

- The number of workers employed by INL contractors as of the end of 2008:
 - CWI: 1,423
 - Bechtel BWXT Idaho: 827
 - Battelle Energy Alliance: 3,938
 - U.S. Naval Reactor Facility: 1,186
 - U.S. Department of Energy: 273

“The Remsburg name — as far as our uncles and our dad — is pretty well-known out there,” said Wasylow, a materials specialist at the site's Advanced Test Reactor. “You feel like you have something to live up to because of the legacy.”

Legacy families aren't uncommon at INL. A recent call for families with at least three generations of work at the site turned up about 60 responses. Why so many? Do INL contractors find some value in hiring relatives of other workers? Or is it because there are jobs to fit the expertise and education level of every kind of worker? Are workers just looking for the best paycheck and benefits?

“It's not just the paycheck,” Cody Remsburg said. “It's the people I work with.”

There's a camaraderie at the site that isn't found in most workplaces, Remsburg said. He said his co-workers are the kind of people who'll help you move or install a hardwood floor. Not only are they willing, he said, they're skilled enough to do almost any job.

Another draw for Wasylow and Remsburg is knowing they're part of something larger, one of the pillars of eastern Idaho life.

“The site has provided for our family down through the generations, and now Cody and I are providing for our families,” Wasylow said. “It's nice to know there's some longevity

■ More than 20 members of the family have worked at the site at one time or another

LEGACY, Continued on Page A4

Celebration events schedule

Here's a basic schedule of events for INL's 60th anniversary celebration this year:

- Friday — Idaho Governor's Proclamation (at Lincoln Day Banquet)
- Feb. 25 — Idaho Legislative Proclamation (INL Luncheon) in Boise
- April 8 — INL Retirees Association Banquet
- May — Idaho Falls City Club speaker Warren Nyer
- May — INL Cultural Resources Tour
- July 25 — Enhanced INL Employee Picnic
- September — INL Cultural Resources Tour
- September/October — TBD, family open house

A Web site with information on INL's 60th anniversary is scheduled for launch soon. As soon as the site's up, there will be a link to it at www.inl.gov.

For immediate information, call John Lindsay at 526-9078.

Cody Remsburg, operations foreman at INTEC, is one of several workers who have followed in their families' footsteps as employees at the site. Remsburg's sister Shayly Wasylow is a materials specialist at INL's Advanced Test Reactor, and both their father and grandfather were site employees.

Monte LaOrange
mlaorange@postregister.com



Shayly Wasylow puts in a shift as a materials specialist at INL's Advanced Test Reactor.

Monte LaOrange
mlaorange@postregister.com

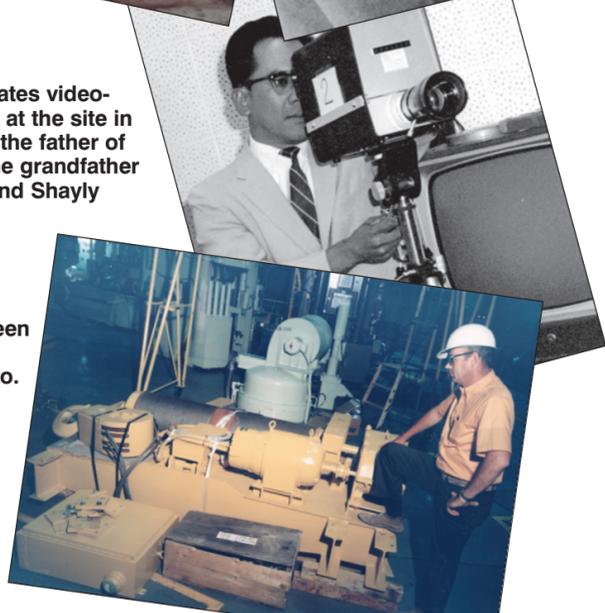


Rod Remsburg (left) emceed a safety meeting at the site in about 2002. This photo of Kyla Okamura (right), taken in the early 1960s, was featured in a site recruiting brochure. The two married and are the parents of Cody Remsburg and Shayly Wasylow.

Charlie Litchfield
Associated Press

Frank Okamura operates video-recording equipment at the site in the late 1960s. He is the father of Kyla Okamura and the grandfather of Cody Remsburg and Shayly Wasylow.

John Remsburg is seen at work at the site in this early 1970s photo. He was the father of Rod Remsburg and the grandfather of Cody Remsburg and Shayly Wasylow.



Tough times, tough call: PR to drop Monday edition

■ In an effort to remain financially viable, Feb. 23 will be the last edition of the Monday Post Register.

By ROGER PLOTHOW
rplothow@postregister.com

Despite our instincts to the contrary, the Post Register will soon eliminate its Monday print edition.

It's a sign of these extraordinary — quite literally gut-wrenching — economic times, the likes of which we haven't seen for more than three generations.

As a business manager, I understand the anxiety many others in my

position are feeling, because I feel it myself. Not only do 140-plus families depend on incomes earned at the Post Register, Challis Messenger, Jefferson Star and Shelley Pioneer, but tens of thousands of readers and advertisers depend on us, too.

We're now in the 14th month of a recession that shows no signs of abating. Some businesses are closing their doors while others are tightening their belts. Many of these businesses are advertisers with the Post Register, and some are choosing to reduce their advertising spending as they decide how to manage their reduced income.



Plathow

So, while the Post Register's readership has never been stronger, we, too, are feeling the pinch of the global economic distress. These financial realities require all businesses, including the Post Register, to make hard but necessary decisions to ensure we continue to thrive during down times.

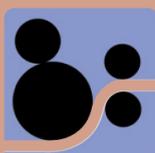
More than six months ago, we publicly considered eliminating our print edition one day a week, both as a way to reduce our costs and to recognize that more and

■ Subscribers who have prepaid will be credited appropriately

TOUGH TIMES, Continued on Page A4

Pressing the issue

Publisher Roger Plathow is photographing and writing about the installation of the Post Register's new press.



On the INTERNET

■ www.postregister.com/blogs/newpress/

Red Cross struggling LEGACY

NEW YORK (AP) — The worsening recession, coupled with a seasonal surge of house fires, has depleted the resources of many American Red Cross chapters as they struggle to meet rising demands at a time of dwindling donations.

Red Cross staff have been laid off in San Diego and Long Beach, Calif., in western Oregon, Minnesota's Twin Cities, Tampa, Fla., and elsewhere. Office hours have been cut back, salaries trimmed, training programs scrapped.

The small Southwest Georgia chapter, based in Albany, has turned down the heat in its office to save money as contributions have fallen more than 60 percent from the previous year.

"We're wearing thicker socks and more sweaters," said the chapter's executive director, Mari Wright.

However, Wright, like her counterparts running other hard-pressed chapters, voiced determination to maintain core disaster-response services in her 11-county region.

"We cannot not be here," she said. "People look to us."

With the Red Cross fiscal year not ending until June 30, there are no overall statistics on the finances of its more than 700 chapters. But Suzy DeFrancis, chief public affairs officer at the national headquarter-



Marcio Jose Sanchez / Associated Press

Martha Perez, her 20-month-old son, Emmanuel Matias, and friend Mayra Perez, right, walk back to their home after receiving hot meals from the Red Cross on Sept. 16 in the aftermath of Hurricane Ike in Baytown, Texas.

ters, said the financial woes are "pretty universal."

DeFrancis said the Red Cross is convinced its ability to cope with major disasters is undiminished, but it does not allocate money to help the chapters with their local operating budgets and instead is helping them find cost-cutting steps that leave emergency services intact.

From Page A1

to what we're doing."

Wasylow's and Cody Rensburg's parents, Kyla and Rod Rensburg, and grandfathers Frank Okamura and John Rensburg make up just a fraction of more than 20 family members who worked at the site at one time or another.

"There's a sense of pride, in the sense of carrying on tradition," Cody Rensburg said.

Going out West

For Kyla Rensburg, the journey started in 1965, back when her name was still Kyla Okamura. Her father, Frank Okamura, moved his family west from Fort Belvoir, Va., to work at the site on a U.S. Army experiment with gas-cooled nuclear reactors.

"It was a culture shock," Kyla Rensburg said of the move. "It was quite different. There wasn't a lot of diversity, so we went from living on a base with a lot of diversity to Idaho Falls."

Asked how much eastern Idaho has changed since she arrived here more than 40 years ago, Kyla said, "A whole bunch."

In the late 1960s, Frank Okamura retired from the Army, but he stayed in eastern Idaho. He hired on at the site — known at the time as Argonne National Laboratory — where he worked as a personnel trainer and in a host of other responsibilities until 1985.

Not long after the Okamuras arrived in eastern Idaho, Kyla followed in her father's footsteps. She worked in clerical offices at the site until about 1974, when she became a health physics technician — one of the "radiation detectives" who scan workers,

INL through the years

1949 — The U.S. Atomic Energy Commission establishes an 890-square-mile complex — what is now the Idaho National Laboratory site — west of Idaho Falls for the development of nuclear reactor technologies and spent fuel management. At the time, the complex is called the National Reactor Testing Station. Of the 52 reactors built initially, only three are still in operation.

1951 — The site's Experimental Breeder Reactor No. 1 becomes the first reactor to produce usable electricity through nuclear fission.

1961 — The site becomes home to the only fatal nuclear reactor accident in U.S. history when the incorrect removal of a control rod leads to the core

meltdown of the experimental reactor "SL-1." Three of the reactor's operators die as a result.

1977 — The newly created U.S. Department of Energy takes over the site, which is named Idaho National Engineering Laboratory.

1997 — The lab's name changes again, this time to Idaho National Engineering and Environmental Laboratory, reflecting a refocusing of its resources toward the development of environmental solutions.

2005 — Battelle Energy Alliance takes over management of the site, whose name is changed to Idaho National Laboratory.

equipment and visitors for radiation exposure, as well as treating exposed people.

Then she met Rod Rensburg, a larger-than-life maintenance specialist who worked at every facility on the site in his 33-year career.

Like Kyla, Rod followed a path to the site blazed by his father. John Rensburg started out as a fuel-handling engineer in 1959. Rod's mother, Doris, spent a few years working in a cafeteria at the site, and his sister, Debra Combo, has served as an administrative assistant for almost 40 years.

In 1977, Kyla and Rod married, and Kyla retired from the site to raise a family. Rod stayed on at the site until 2005.

"I had a great career," he said. "The site provided all of us a great opportunity."

Cody and Shayly said their

father was so well-known to site workers that trips to the grocery store sometimes took way longer than they were supposed to.

"You couldn't go anywhere without having a conversation with somebody that knew him from out there," Cody Rensburg said.

The next generation

In 1999, it was Cody's turn to put his hand to the INL plow.

"Honestly, it was an opportunity to make more money," he said.

Cody started as a laborer; since then, he's decontaminated equipment, treated mixed toxic and radioactive waste, and handled just about every level of operations.

It's a good job, but it's not necessarily an easy one, Cody

said.

"I wouldn't say it's a cushy job by any means," he said. "You're in a hazardous condition."

Taking advantage of training and education the lab offers, Cody has moved steadily up the ladder of responsibility. Today, he oversees a crew at the Idaho Nuclear Technology and Engineering Center that packages radioactive waste and sends it off to the Waste Isolation Pilot Plant near Carlsbad, N.M.

"You don't get to the position he's in without being darn good," Shayly said of her brother.

Shayly, who started working at the site in 2000, hasn't done badly herself. Like Cody, she started out as a laborer and got on with the site's fire department a year later. Alas, she couldn't outrun years-old basketball and soccer injuries. By 2005, she was no longer a firefighter, a job that's nothing if not physical. Now, she works in the tool crib at the Advanced Test Reactor facility, ordering and checking in and out tools for workers.

Both Cody and Shayly said they won't stand in the way if their own children decide to take jobs at the site.

"If that's what she wants," Cody said of his 15-month-old daughter. "I hope the opportunity's there."

Shayly said she doesn't mind if her 2-year-old and 4-month-old sons take on with INL, but she'd rather see them get college degrees first, something she didn't do.

"To be honest with you, I hope my boys follow a different path," she said.

Upper Valley and INL reporter Sven Berg can be reached at 542-6755.

See Us Now...
Save Money Next April



Allison & Company
Certified Public Accountants

Peggy Allison, CPA 1282 S. Woodruff 523-0545 Idaho Falls

We're looking forward to crossing paths.

Come See Us in Our New Location!



Providing Dental Care For All Ages

www.michaeltalldentistry.com

3381 Merlin Drive • Idaho Falls • 522-1332

TOUGH TIMES

From Page A1

more people are turning to the Internet for their news.

At the time, we decided not to make that move. But since then, economic conditions have worsened. So, we've taken another look, and this time we've decided it's the prudent thing to do.

Effective March 2, the Post Register will return to a six-day printing schedule, providing an online-only update on Mondays. Our regular Monday features will be moved to other days of the week.

Quite frankly, the very thought of eliminating a print edition rubs me the wrong way. But the old saying is true — sometimes discretion is, indeed, the better part of valor. In this case, discretion calls for putting out the best printed

product we can muster six days a week instead of seven. In this changing economic environment, businesses that don't stay nimble will be left in the dust.

This move, combined with the savings in paper we'll see when we begin to operate our new press in April, will help us avoid layoffs that we'd otherwise have to make.

Until 1996, the Post Register was a six-day paper. For the past dozen years since we added a Saturday edition, we've been a seven-day-a-week paper. Going back to six days is very much in keeping with our longstanding tradition, but this time we'll be able to provide a modest online edition on Mondays when we don't deliver a printed newspaper.

Subscribers who have prepaid will be credited with extra time on their account. Otherwise, there will be no change in our subscription rates, which remain among the lowest in our business.

Meanwhile, I don't think I'm being naive when I say that I'm optimistic. The Post Register continues to move forward despite the economic challenges. We've recently purchased and are now installing a new state-of-the-art printing press that will both improve the quality of our printed products and reduce our paper costs.

Beyond that, we're working with our advertisers to ensure they get the best value possible for their ad dollars and we'll cover the news completely but sensitively — the good, the bad and the ugly.

Despite the obvious depth of the challenges we face, we don't fear the current difficulties or the future. The best way to deal with challenges is to confront them head on, and that's what we're going to do.

IS IT LOOKING LIKE THE FLU?



If it's looking like the flu, contact us today.

Dr. Richard Nathan
Idaho Falls Infectious Diseases, PLLC
2900 Cortez Avenue, Idaho Falls, ID

Call: 521-1117 or 535-8400 x 5
Ask for: SHANNA NEFF, RN

or visit
WWW.MYFLUSTUDY.COM

THEN READ THIS.

We are conducting a clinical research study to evaluate the safety and effectiveness of an investigational medication to treat seasonal influenza.

To qualify for this study you must:

- be at least 18 years of age
- have been feverish or had a fever and also have some of the symptoms of flu which include cough, sore throat, nasal congestion, muscle aches, headache and fatigue
- be able to be seen in a study center within 36 hours from the time your symptoms began

If you qualify you will receive all study-related medical care, lab tests and study drug at no charge.

For more information and to see if you qualify please visit myflustudy.com.

CORRECTION

In the SB 2-15, page 2, the sale price of the Intex Queen Airbed should be \$49.99. We apologize for any inconvenience this may have caused.

SHOPKO
my life. my style. my store.

Follow Your Dreams... Auto Loan Rates * **4.99%** apr
As Low as

It is a "Buyers Market" and Westmark has the money to loan

We are the credit union ranked in the top of our peer group nationally and with the lowest overall delinquency ratio.

Everything You Need

WESTMARK CREDIT UNION

IDAHO FALLS • POCATELLO • BLACKFOOT • RIGBY • REXBURG
BOISE: MERIDIAN • NAMPA • EAGLE




Simon G.

INGRAM'S
Fine Jewelers

39 years experience SINCE 1970

(208) 522-0505
Downtown
361 A Street • Idaho Falls

*4.99% APR up to 72 months on 2006 & newer vehicles.
*Lowest APR on all loans are for well qualified borrowers who EITHER open or have a Westmark Checking Account with direct deposit and automatic loan payment OR borrowers who open or have a Westmark Platinum Plus Checking Account. All loans are OAC. APR is the Annual Percentage Rate. Rates are effective through March 31, 2009